

### Getting Started

Activity		Duration
Begin, continue, or refocus a personal prayer practice.	Before assembling a leadership group to work with you, begin or revitalize your own daily prayer practice. Listen for God's guidance in your planning.	2–4 weeks
Identify a team.	As you are revitalizing your own prayer practice, begin to look for at least two or three other people (or more) to form a leadership team. This group will work with you to consider planning and teaching for the entire congregation.	Same 2–4 weeks
Have team members begin a personal prayer practice.	As a group, begin the practice of personal prayer, preferably using <i>When You Pray</i> or some other resource, such as <i>A Guide to Prayer for All Who Seek God</i> (Upper Room, 2006) or <i>A Wesleyan Spiritual Reader</i> (Abingdon, 1998). Meet weekly to share your experiences.	4 weeks
Take a prayer retreat.	Plan a retreat, whether for an afternoon or for several days. During this time together, resist talking about programs and strategies. Instead, spend time in prayer and talk deeply about your understanding of prayer and your questions about prayer. (See page 50 for a helpful guide to retreat.)	End of same 4 weeks
As a team, outline and commit to your goals.	Plan together the goals you have for the next three, six, and twelve months. (See the action plan examples that follow this plan.)	2–4 weeks (Post-retreat)